

Road to Learning and Earning

Lesson Plan

Topic/Title of Plan: Packing Backpacks

Lesson Developed By: Jamie Smith

School: St Stephens High School, Catawba County



Objective Being Taught	Packing a backpack for Backpacks for Kids Catawba County
RTLE Matrix Objective	Provide students and families with skills needed for navigating and safely living as independently as possible in the community.
Student Audience/Length	9-12+
Materials/Resources Needed	<ul style="list-style-type: none">• food for 7 meals and 3 snacks• list of items to be placed in bags• plastic grocery bags or backpacks (student needs to be able to count to 2 and know the same and different)
Teaching Procedure	Open plastic bag or backpack, pick up 2 different items at station #1 and place into bag, pick up 2 items at station #2 and place into bag, pick up 2 items at station #3 and place into bag, pick up 2 items at station #4 and place into bag, pick up 2 items at station #5 and place into bag. Make sure heavy items are on bottom of bag. Double knot or zip bag and place into bin.
Check for Understanding and Assessment of Lesson	Staff will walk and observe as students place items in bag.
Wrap Up/Review	Ongoing