

Roads to Learning and Earning

Lesson Plan



Topic/Title of Plan: Personal Care-Hygiene and Grooming

Lesson Developed By: R. Maxfield

School: Harnett County Schools

Objective Being Taught	The Importance of good personal hygiene in the home, community, and the workplace Road to Community Living
RTLE Matrix Objective	By reviewing functional life skill resources, provide students and families with skills for living as independently as possible in the community.
Student Audience/Length	OCS/High School Students/ 80 minutes
Materials/Resources Needed	Poster boards, Markers, Magazines, Glue, Scissors
Teaching Procedure	In small groups (5 groups) the students will be instructed in the importance of proper hygiene and what proper hygiene is. The students will, in small groups, give examples of good personal hygiene under the sub headings of; Clean and Combed Hair, Oral Hygiene (brushed teeth), Clean Clothes, Clean Body, Body Smells (Good and Bad). The students will then create posters illustrating proper hygiene, including pictures found and cut out of various magazines. The students will paste pictures according to the 5 subgroups.
Check for Understanding and Assessment of Lesson	Each group will present their poster to the class explaining one of the 5 subgroups.
Wrap Up/Review	Students will discuss the importance of good personal hygiene in the home, their community, and in the work place, explaining each of the five subgroups.