

Catawba County Agency Program Information

Job Skills and Education	
<p>Arc of Conover</p> <p>3305 16th Ave SE #15, Conover, NC 28613</p> <p>(704)-883-8084</p> <p>http://www.arcnc.org/</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Support, protection, accommodation, and community involvement. *State Funded Services *Choices *First in Families (flexible family support) *Housing resource services/housing development *Life plant trust (future planning) *LIFE guardianship *Property and Assessment Management *Supported Employment *Community Guide
<p>Career Connections Center</p> <p>3301 Highway 70, SE, Newton NC</p> <p>(828) 466-5596</p> <p>http://www.goodwillnwncc.org/trainingCenters.cfm connections@goodwillnwncc.org</p>	<p>Services include:</p> <ul style="list-style-type: none"> *help job seekers secure employment *skills assessments *career counseling *resume and cover letter writing *assistance with applications *computers with high-speed internet access *interview simulators.
<p>CNC Access, INC BDA ResCare Homecare</p> <p>Mike Penland – Executive Director mike.penland@rescare.com</p> <p>301 10th St NW Suite F106 Conover, NC 28613</p> <p>(828)-466-6023</p> <p>http://www.rescare.com/</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Residential Services- Community living, signature services, signature Quality and Training Programs, Rest Assured Telecare, Supported Employment. *Workforce Services *Education & Training Services *Pharmacy Services

Catawba County Agency Program Information

<p>Greater Conover Developmental Disabilities Services</p> <p>3305 16th Ave. SE, Suite 205 Conover, NC 28613</p> <p>(704) 487-1093</p> <p>http://nc.eastersealsucp.com/services/alternative-family-living/</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Community Skills training *Personal Care and Respite *Residential Supports *Speech, Occupational and Physical Therapies *Children’s Centers with Childcare *Mental Health Crisis Services *Supported Employment Services <p>Counties served: Alexander, Burke, Caldwell, Catawba, Iredell, McDowell, Polk, Rowan, Rutherford</p>
<p>Head Start</p> <p>1415 Shelton Avenue Statesville, NC 28677</p> <p>(704) 872-8141</p> <p>http://www.icare-inc.org/index.cfm?fuseaction=dep_intro&dept_id=4</p> <p>(828) 464-1108 in Catawba County (704) 873-2858 in Iredell County</p>	<p>Focuses on preparing children for school by working to develop each child's social and learning skills.</p> <p>Services include:</p> <ul style="list-style-type: none"> *High Quality Education *Individualized Curriculum *Family Case Management *Disability Services and Support *Mental Health Services for Children and Families *Meal Plans *Health Screenings and assistance (Including Dental, Vision and Hearing) <p>Offers free services to families who reside in Iredell and Catawba counties and meet federal low-income guidelines. Families who receive public assistance or other benefits may also be eligible</p> <p><u>Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339</u></p>

Catawba County Agency Program Information

<p>Hope Parent Resource Center</p> <p>300 Enola Road Morganton, NC 28655</p> <p>English: (828)-438-6549 Spanish: (704)-803-7082 Hmong: (828)-403-1286</p> <p>http://www.fsnhope.org/</p> <p>Counties Served: Alexander, Burke, Caldwell, Catawba, McDowell</p>	<p>Provides: Support, information, and training to assist families in promoting the education, development, and quality of life for their children of all ages and with all types of specials needs; and partners with parents and professionals on community, state, and national levels to expand opportunities and generate resources in order to advance positive participation of people with disabilities in all aspects of society.</p> <p>Services Include: *Early intervention, public school services, child care, inclusion, effective communication, parent support and parent/professional collaboration *Information on laws concerning persons with disabilities, behavior management, inclusion, specific disability information, support parent training *Meetings with families, helping families’ access services and resources, sponsoring parent groups and other networking opportunities.</p>
<p>Independent Living Services - DSS</p> <p>1261 10th Avenue Lane SE 28602</p> <p>Phone:(828) 322-2921 Toll Free: 1-855-820-1113</p> <p>http://www.ncdhhs.gov</p>	<p>*Alternative to being institutionalized. *Improve functioning in family, home, and community. *Vocational rehabilitation employment program</p> <p>Services include: *Guidance and counseling *Rehabilitation engineering *Home and vehicle modifications *Independent living skills training *Certain equipment purchases *Assistance with leisure services *Personal assistance services *Registration of service animals</p>

Catawba County Agency Program Information

<p>Special Olympics-Catawba County</p> <p>Dawn Taylor - Coordinator</p> <p>2224 Claremont RD Newton, NC 28658</p> <p>828-291-7318 (C) 704-325-0298 (H)</p> <p>Email: sonccatawba@gmail.com</p> <p>http://sonc.net/catawba/</p> <p>Individual is qualified for Special Olympics participation if they have been identified by an agency/professional as having an intellectual disability.</p>	<p>Program:</p> <ul style="list-style-type: none"> *Can start as early as age 2. Competition starts at age 8. *Serves 400 children and adults. *Offers training and competition programs in 8 sports. *Train for a minimum of 8 weeks. 1-2 times per week. <p>Provides:</p> <p>Year-round sports training and athletic competition for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.</p> <p>Additional Benefits:</p> <ul style="list-style-type: none"> *Receive training in public speaking and become a Global Messenger for Special Olympics *Become a coach for Special Olympics *Receive free health screenings at SONC state-level events *Serve on the planning committee with your local program *Potential to travel out of state.
<p>Turning Point Services</p> <p>212 N Brady Ave Newton, NC 28658</p> <p>1001 South Sterling Street Morganton, NC 28655</p> <p>(828)-433-8174 Toll Free: (888)-281-6531</p> <p>http://www.turningpointservicesinc.com</p>	<p>Devoted to helping people with disabilities enjoy fulfilling lives surrounded by family, friends, and inspired professionals. We strive to be the most responsive, informed, professional service agency - setting standards for quality in North Carolina.</p> <p>Services include:</p> <ul style="list-style-type: none"> *ADVP-Adult Developmental Vocational Program *Community Guide, Community Networking, Day Support, *Individual Goods & Services – Agency With Choice Model *In-Home intensive Supports & Skill building, natural Supports Education, Personal Care, Primary Crisis Response (PRC), Respite, Residential Supports, Specialized Consultation, Supported Employment *Developmental Therapy, Family Living, Personal Assistance, Respite, Supported Employment, Residential & Day Programs

Catawba County Agency Program Information

Transportation

<p>Adult Life Program</p> <p>Mark Bumgarner - Executive Director mbumgarner@adulthoodprograms.com</p> <p>226 2nd Street NW, Hickory, NC 28601</p> <p>828-324-1313 8:00am-5:00pm</p> <p>www.adulthoodprograms.com</p> <p>Serves: Conover, Hickory, Lenoir, and Maiden</p>	<p>Provides:</p> <ul style="list-style-type: none"> *A safe, supportive environment for adults who cannot be safely left at home alone during the day. *Delay or prevent institutionalization by providing alternative care and enabling adults to remain in their home and communities. *Socialization, support services, treatment services, recreation and meals in a supervised social setting, respite for caregivers, transportation. <p>Monday through Friday from 6:30 a.m. to 5:30 p.m. Participants may attend one to five days a week</p> <p>Criteria:</p> <ul style="list-style-type: none"> *disability of any kind such as cerebral palsy or Down Syndrome *accident victims, the elderly *Alzheimer's or other dementia patients *adults who are socially isolated *18 years +
<p>Catawba County Social Services</p> <p>3030 11th Avenue Drive SE Hickory, NC 28602 (828) 695-5600</p> <p>http:www.catawbacountync.gov</p> <p>Email: bmccoury@catawbacountync.gov</p> <p>Adults 18 and over Most Must be receiving Medicaid</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Adult Day Care, CAP, In Home Aide Services, *Services for the Blind, Special Assistance In-Home, Home and Community Support, Personal Care, Non-Institutional. *Provides Transportation and offers interpretation services at no charge *Community Alternatives Program for Disabled Adults *Provide personal care services to enable clients to remain in their home and to achieve or maintain a level of self sufficiency *Provides a cash supplement to help low income individuals who are at risk of entering an Adult Care Home remain at home <p>Transportation Requirements:</p> <ul style="list-style-type: none"> • Curb to curb service to Medicaid covered appointments. • Service is free to full coverage Medicaid recipients. • Transportation provided to medical appointments within Catawba County and outside of county with referral • A three business-day notice is needed for in-county appointments, and a five business-day notice for out-of-county appointments, but we will always attempt to assist if possible on short notice.

Catawba County Agency Program Information

<p>Handi-Care, Inc.</p> <p>Michael Queen - Administrator</p> <p>304 S. Main St. PO Box 1778 Drexel, NC 28619 (828) 437-8429 www.handi-careinc.com</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Community Alternative Program-Children *Community Alternative Program-Disabled Adults *Community Alternative Program-Aids *Companion Care/Sitter *In-Home Aide & Personal Care Service *Transportation *VA & Overnight Service
<p>Piedmont Wagon Transit</p> <p>1515 4Th St SW</p> <p>Conover, NC - Catawba County</p> <p>(828) 464-9444</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Bus Transportation and Transit Lines *Transportation For The Handicapped & Elderly *Local & Suburban Transit *Special Needs Transportation *Public Transportation Systems
<h3>Independent Living</h3>	
<p>Adult Life Program</p> <p>5 locations: Conover, Hickory, Lenoir, Maiden, Central Office</p> <p>Central Office: 226 2nd Street NW, Hickory, NC 28601</p> <p>Phone: 828-324-1313 8:00am-5:00pm</p> <p>www.adultlifeprograms.com Mark Bumgarner, Executive Director mbumgarner@adultlifeprograms.com 18 years +</p>	<p>*A safe, supportive environment for adults who cannot be safely left at home alone during the day.</p> <p>*Delay or prevent institutionalization by providing alternative care and enabling adults to remain in their home and communities.</p> <p>Provides:</p> <ul style="list-style-type: none"> *Socialization, support services, treatment services, recreation and meals in a supervised social setting *Respite for caregivers, transportation. <p>Monday through Friday from 6:30 a.m. to 5:30 p.m. Participants may attend one to five days a week</p> <p>Criteria:</p> <ul style="list-style-type: none"> *Disability of any kind such as cerebral palsy or Down Syndrome *Accident victims, the elderly *Alzheimer's or other dementia patients *Adults who are socially isolated

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<p>Arc of Conover</p> <p>Address: 3305 16th Ave SE #15, Conover, NC 28613 Phone: (704)-883-8084</p> <p>http://www.arcnc.org/</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Support, protection, accommodation, and community involvement. *State Funded Services *Choices *First in Families (flexible family support) *Housing resource services/housing development *Life plant trust (future planning) *LIFE guardianship *Property and Assessment Management *Supported Employment *Community Guide
<p>Career Connections Center</p> <p>3301 Highway 70, SE, Newton NC</p> <p>(828) 466-5596</p> <p>http://www.goodwillnwc.org/trainingCenters.cfm connections@goodwillnwc.org</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Help job seekers secure employment *Skills assessments *Career counseling *Resume and cover letter writing *Assistance with applications *Computers with high-speed internet access *Interview simulators.
<p>Catawba County Social Services</p> <p>3030 11th Avenue Drive SE Hickory, NC 28602 (828) 695-5600</p> <p>http://www.catawbacountync.gov Email: bmccoury@catawbacountync.gov</p> <p>Adults 18 and over Most Must be receiving Medicaid</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Adult Day Care, CAP, In Home Aide Services, *Services for the Blind, Special Assistance In-Home, Home and Community Support, Personal Care, Non-Institutional. *Provides Transportation and offers interpretation services at no charge *Community Alternatives Program for Disabled Adults *Provide personal care services to enable clients to remain in their home and to achieve or maintain a level of self sufficiency *Provides a cash supplement to help low income individuals who are at risk of entering an Adult Care Home remain at home

Catawba County Agency Program Information

<p>Catawba County United Way</p> <p>Address: 800 17th St. NW Hickory, NC 28601</p> <p>Phone: (828)-327-6851</p> <p>www.ccunitedway.com</p>	<p>Description:</p> <ul style="list-style-type: none"> *Works with organizations within Catawba County. *To increase the organized capacity of people to help others by mobilizing the caring power of our community. *Organization that identifies and prioritizes the greatest unmet human needs in the community, focuses human compassion, and mobilizes resources to meet those needs. * Good to help lead to organizations that help adults with disabilities. Provides links to all centers within the community
<p>Catawba Valley Behavioral Healthcare</p> <p>Sally Learned slearned@cvbh.org</p> <p>327 1st Av NW Hickory, NC 28601</p> <p>(828) 695-5949</p> <p>http://nc211.bowmansystems.com</p> <p>Adults and Children You must be a resident of Burke or Catawba County. We accept self-pay, Medicaid, and insurance</p>	<p>Description:</p> <ul style="list-style-type: none"> *Serves adults with severe mental illness with or without co-occurring disorders such as substance abuse and children/adults with developmental disabilities. *Serves 5,000 consumers in Burke and Catawba County. <p>Services include:</p> <ul style="list-style-type: none"> *Community Support Team *Outpatient Treatment (assessment/therapy/counseling/medication management) *ACT Team (Assertive Community Treatment Team) *Connections Psycho-social Rehabilitation (therapeutic clubhouse) Program *Life Skills (skills training day treatment program for consumers with developmental disabilities). *Residential Services *5 group homes, 1 supervised apartment program and other residential placements. *Mobile Crisis (24 hour 7 days a week for emergencies)
<p>CNC Access, INC BDA ResCare HomeCare</p> <p>Mike Penland - Executive Director mike.penland@rescare.com</p> <p>301 10th St NW Ste F106 Conover, NC 28613</p> <p>(828)-466-6023</p> <p>http://www.rescare.com/</p>	<p>CARF accredited programs</p> <p>Services include:</p> <ul style="list-style-type: none"> * Residential Services- Community living, *Signature Quality and Training Programs, *Rest Assured Telecare *Supported Employment. *Workforce Services *Education & Training Services *Pharmacy Services

Catawba County Agency Program Information

<p>Handi-Care, Inc.</p> <p>Michael Queen</p> <p>304 S. Main St. PO Box 1778 Drexel, NC 28619</p> <p>(828) 437-8429</p> <p>www.handi-careinc.com</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Community Alternative Program-Children *Community Alternative Program-Disabled Adults *Community Alternative Program-Aids *Companion Care/Sitter *In-Home Aide *Personal Care Service *Transportation *VA *Overnight Service <p>*NOT Medicare Certified</p>
<p>Hope Parent Resource Center</p> <p>300 Enola Road Morganton, NC 28655</p> <p>English: (828)-438-6549 Spanish: (704)-803-7082 Hmong: (828)-403-1286</p> <p>http://www.fsnhope.org/</p> <p>Counties Served: Alexander, Burke, Caldwell, Catawba, McDowell</p>	<p>Provides:</p> <p>Support, information, and training to assist families in promoting the education, development, and quality of life for their children of all ages and with all types of specials needs; and partners with parents and professionals on community, state, and national levels to expand opportunities and generate resources in order to advance positive participation of people with disabilities in all aspects of society.</p> <p>Services Include:</p> <ul style="list-style-type: none"> *Early intervention, public school services, child care, inclusion, effective communication, parent support and parent/professional collaboration *Information on laws concerning persons with disabilities, behavior management, inclusion, specific disability information, support parent training *Meetings with families, helping families' access services and resources, sponsoring parent groups and other networking opportunities.

Catawba County Agency Program Information

<p>Independent Living Services - DSS</p> <p>1261 10th Avenue Lane SE 28602</p> <p>Phone:(828) 322-2921 Toll Free: 1-855-820-1113</p> <p>http://www.ncdhhs.gov</p>	<ul style="list-style-type: none"> *Alternative to being institutionalized. *Improve functioning in family, home, and community. *Vocational rehabilitation employment program <p>Services include:</p> <ul style="list-style-type: none"> *Guidance and counseling *Rehabilitation engineering *Home and vehicle modifications *Independent living skills training *Certain equipment purchases *Assistance with leisure services *Personal assistance services *Registration of service animals
<p>Maxim Healthcare Services</p> <p>Byron Boyd</p> <p>1940 3rd Ave. Ln. S.E. Hickory, NC 28602</p> <p>(828) 270-3343</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Community Alternative Program – Children *Community Alternative Program - Disabled Adults *Community Alternative Program - MR-DD *Community Alternative Program – AIDES *Companion Care/Sitter *In-Home Aide *Personal Care Services *Private Duty Nursing *Pediatric Care <p>*NOT Medicare Certified</p>
<p>Partners Behavior Health Management</p> <p>901 S. New Hope Rd Gastonia, NC 28054</p> <p>(877)-864-1454</p> <p>http://www.partnersbhm.org/</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Working with participant and their support system to make sure adequate care is provided. *Evaluation of individuals needing/requesting services, care coordination and training for providers and the community. *Care Coordinators; works with participant/support. *NC Innovations Waiver - Set of Medicaid services that individuals may be eligible for if they meet specific criteria

Catawba County Agency Program Information

<p>Personal Home Care of North Carolina, LLC</p> <p>Ivan Belov</p> <p>333 E. Main St. Suite 102 Lincolnton, NC 28092</p> <p>(704) 975-5253</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Community Alternative Program-Children *Community alternative Program-Disabled Adults *Companion Care/Sitter *In-Home Aide *Nursing Services *Personal Care Service *Private Duty Nursing *Physical Therapy <p>*NOT Medicare Certified</p>
<p>Turning Point Services</p> <p>212 N Brady Ave Newton, NC 28658</p> <p>1001 South Sterling Street Morganton, NC 28655</p> <p>(828)-433-8174</p> <p>Toll Free: (888)-281-6531</p> <p>http://www.turningpointservicesinc.com</p>	<p>Mission:</p> <p>Devoted to helping people with disabilities enjoy fulfilling lives surrounded by family, friends, and inspired professionals. We strive to be the most responsive, informed, professional service agency - setting standards for quality in North Carolina.</p> <p>Services include:</p> <ul style="list-style-type: none"> *ADVP-Adult Developmental Vocational Program *Community Guide, Community Networking, Day Support, *Individual Goods & Services – Agency With Choice Model *In-Home intensive Supports & Skill building, natural Supports Education, Personal Care, Primary Crisis Response (PRC), Respite, Residential Supports, Specialized Consultation, Supported Employment *Developmental Therapy, Family Living, Personal Assistance, Respite, Supported Employment, Residential & Day Programs
<p>Health and Home Care</p>	

Catawba County Agency Program Information

<p>Adult Life Program</p> <p>Mark Bumgarner - Executive Director mbumgarner@adulthoodprograms.com</p> <p>226 2nd Street NW, Hickory, NC 28601</p> <p>828-324-1313 8:00am-5:00pm</p> <p>www.adulthoodprograms.com</p> <p>Serves: Conover, Hickory, Lenoir, and Maiden</p>	<p>*A safe, supportive environment for adults who cannot be safely left at home alone during the day. *Delay or prevent institutionalization by providing alternative care and enabling adults to remain in their home and communities.</p> <p>Provides:</p> <p>*Socialization, support services, treatment services, recreation and meals in a supervised social setting *Respite for caregivers, transportation. Monday through Friday from 6:30 a.m. to 5:30 p.m. Participants may attend one to five days a week</p> <p>Criteria:</p> <p>*Disability of any kind such as cerebral palsy or Down Syndrome *Accident victims, the elderly *Alzheimer's or other dementia patients *Adults who are socially isolated</p>
<p>AGAPE SERVICES, INC</p> <p>1822 Kincaid Ct Hickory, NC 28602</p> <p>(704)-225-0584</p> <p>http://www.agapeservicesnc.com/</p>	<p>Services include:</p> <p>*Day treatment *Intensive In home Services *Substance abuse/ Intensive Outpatient Services *Counseling *Residential Group Living *Therapeutic Foster Care *Client Rights</p>

Catawba County Agency Program Information

<p>Catawba County Social Services</p> <p>3030 11th Avenue Drive SE Hickory, NC 28602 (828) 695-5600</p> <p>http://www.catawbacountync.gov Email: bmccoury@catawbacountync.gov</p> <p>Adults 18 and over Most Must be receiving Medicaid</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Adult Day Care, CAP, In Home Aide Services, *Services for the Blind, Special Assistance In-Home, Home and Community Support, Personal Care, Non-Institutional. *Provides Transportation and offers interpretation services at no charge *Community Alternatives Program for Disabled Adults *Provide personal care services to enable clients to remain in their home and to achieve or maintain a level of self sufficiency *Provides a cash supplement to help low income individuals who are at risk of entering an Adult Care Home remain at home
<p>Catawba Valley Behavioral Healthcare</p> <p>Sally Learned slearned@cvbh.org</p> <p>327 1st Av NW Hickory, NC 28601</p> <p>(828) 695-5949</p> <p>http://nc211.bowmansystems.com</p> <p>Adults and Children You must be a resident of Burke or Catawba County. We accept self-pay, Medicaid, and insurance</p>	<p>Description:</p> <ul style="list-style-type: none"> *Serves adults with severe mental illness with or without co-occurring disorders such as substance abuse and children/adults with developmental disabilities. *Serves 5,000 consumers in Burke and Catawba County. <p>Services include:</p> <ul style="list-style-type: none"> *Community Support Team *Outpatient Treatment (assessment/therapy/counseling/medication management) *ACT Team (Assertive Community Treatment Team) *Connections Psycho-social Rehabilitation (therapeutic clubhouse) Program *Life Skills (skills training day treatment program for consumers with developmental disabilities). *Residential Services *5 group homes, 1 supervised apartment program and other residential placements. *Mobile Crisis (24 hour 7 days a week for emergencies)
<p>Greater Conover Developmental Disabilities Services</p> <p>3305 16th Ave. SE, Suite 205 Conover, NC 28613</p> <p>(704) 487-1093</p> <p>Counties served: Alexander, Burke, Caldwell, Catawba, Iredell, McDowell, Polk, Rowan, Rutherford</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Community Skills training *Personal Care and Respite *Residential Supports *Speech, Occupational and Physical Therapies *Children’s Centers with Childcare *Mental Health Crisis Services *Supported Employment Services

Catawba County Agency Program Information

<p>http://nc.eastersealsucp.com/services/alternative-family-living/</p>	
<p>Guardian Health Services</p> <p>Peggy Mallard</p> <p>100 Main Ave., N.W. Suite 200 Hickory, NC 28601</p> <p>(828) 324-3025</p> <p>www.ghsnc.com</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Nursing Services *HHA *Occupational Therapy, Physical Therapy, and Speech Therapy *Medical Social Work *Pediatric Care *Telehealthcare *Infusion Therapy, and Lifeline <p>*Medicare Certified</p>
<p>Handi-Care, Inc.</p> <p>Michael Queen</p> <p>304 S. Main St. PO Box 1778 Drexel, NC 28619</p> <p>(828) 437-8429</p> <p>www.handi-careinc.com</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Community Alternative Program-Children *Community Alternative Program-Disabled Adults *Community Alternative Program-Aids *Companion Care/Sitter *In-Home Aide *Personal Care Service *Transportation *VA *Overnight Service <p>*NOT Medicare Certified</p>
<p>Health & Home Services, Inc.</p> <p>Wendy Chavez</p> <p>910 Hwy 321 N.W. Suite 150 Hickory, NC 28601</p> <p>(877) 610-9980</p> <p>www.HealthAndHomeServices.com</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Community Alternative Program-Children *Community Alternative Program-Disabled Adults *Community Alternative Program-Aids *Companion Care/Sitter *Home Maintenance/Repair *In-Home Aide *Personal Care Service *Private Duty Nursing *Pediatric Care <p>*NOT Medicare Certified</p>

Catawba County Agency Program Information

<p>Healthy@Home</p> <p>Richard Hogan</p> <p>201 St. Germaine Ave. PO Box 459 Valdese, NC 28690</p> <p>853 S. Laurel St. Lincolnton, NC 28092</p> <p>(828) 580-6450 (704) 732-0943</p> <p>www.cmchealthathome.org</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Enteral Nutrition *Home Medical Equipment *Intravenous Therapy *Medicaid Home Health Supplies *Medical Social Worker *Nursing Services *Nutrition *Occupational Therapy, Physical Therapy, Respiratory Therapy, and Speech Therapy *Telehealthcare *Total Parenter. <p>*Medicare Certified</p>
<p>Maxim Healthcare Services</p> <p>Byron Boyd</p> <p>1940 3rd Ave. Ln. S.E. Hickory, NC 28602</p> <p>(828) 270-3343</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Community Alternative Program – Children *Community Alternative Program - Disabled Adults *Community Alternative Program - MR-DD *Community Alternative Program – AIDES *Companion Care/Sitter *In-Home Aide *Personal Care Services *Private Duty Nursing *Pediatric Care <p>*NOT Medicare Certified</p>
<p>Personal Home Care of North Carolina, LLC</p> <p>Ivan Belov</p> <p>333 E. Main St. Suite 102 Lincolnton, NC 28092</p> <p>(704) 975-5253</p>	<p>Services include:</p> <ul style="list-style-type: none"> *Community Alternative Program-Children *Community alternative Program-Disabled Adults *Companion Care/Sitter *In-Home Aide *Nursing Services *Personal Care Service *Private Duty Nursing *Physical Therapy <p>*NOT Medicare Certified</p>

Catawba County Agency Program Information

<p>Stress Free Home Care</p> <p>Candi Lethcoe</p> <p>717 South Main St. Stanley, NC 28164</p> <p>(704) 931-4997</p> <p>www.stressfreehomecare.com</p>	<p>Services include:</p> <ul style="list-style-type: none"> *In-Home Aide *Companion sitter *Respite <p>*NOT Medicare Certified</p>
<p>Turning Point Services</p> <p>212 N Brady Ave Newton, NC 28658</p> <p>1001 South Sterling Street Morganton, NC 28655</p> <p>(828)-433-8174</p> <p>Toll Free: (888)-281-6531</p> <p>http://www.turningpointsservicesinc.com</p>	<p>Mission:</p> <p>Devoted to helping people with disabilities enjoy fulfilling lives surrounded by family, friends, and inspired professionals. We strive to be the most responsive, informed, professional service agency - setting standards for quality in North Carolina.</p> <p>Services include:</p> <ul style="list-style-type: none"> *ADVP-Adult Developmental Vocational Program *Community Guide, Community Networking, Day Support, *Individual Goods & Services – Agency With Choice Model *In-Home intensive Supports & Skill building, natural Supports Education, Personal Care, Primary Crisis Response (PRC), Respite, Residential Supports, Specialized Consultation, Supported Employment <p>*Developmental Therapy, Family Living, Personal Assistance, Respite, Supported Employment, Residential & Day Programs</p>
<h3>Recreation and Leisure</h3>	
<p>Adult Life Program</p> <p>Mark Bumgarner - Executive Director mbumgarner@adulthoodprograms.com</p> <p>226 2nd Street NW, Hickory, NC 28601</p>	<p>Provides:</p> <ul style="list-style-type: none"> *A safe, supportive environment for adults who cannot be safely left at home alone during the day. *Delay or prevent institutionalization by providing alternative care and enabling adults to remain in their home and communities. *Socialization, support services, treatment services, recreation and meals in a supervised social setting, respite for caregivers, transportation. <p>Monday through Friday from 6:30 a.m. to 5:30 p.m. Participants may attend one to five days a week</p> <p>Criteria:</p>

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<p>828-324-1313 8:00am-5:00pm</p> <p>www.adultlifeprograms.com</p> <p>Serves: Conover, Hickory, Lenoir, and Maiden</p>	<p>*Disability of any kind such as cerebral palsy or Down Syndrome *Accident victims, the elderly *Alzheimer's or other dementia patients *Adults who are socially isolated</p> <p>*18 years +</p>
<p>Bakers Mountain Park</p> <p>Blair Rayfield - Parks Manager (828) 312-4803</p> <p>6680 Bakers Mountain Road Hickory, NC 28602-8210</p> <p>Phone: (828) 324-8461</p> <p>www.catawbacountync.gov/parks</p>	<p>The 189-acre preserve with vegetation and terrain that is very similar to that of the nearby Blue Ridge Mountains. Diverse vegetation and pristine streams. This park and the surrounding acreage is the largest mature forest remaining in the County. The trail system offers a wide range of difficulty with a one-quarter mile long ADA paved trail surface for a casual walk and other trails that are more strenuous.</p> <p>Recreation Amenities: *Hiking trails (6 miles), ADA trail (¼ mile), *Observation platform, Gazebo, Picnic areas & grills *Two picnic shelters, Educational programming</p> <p>*Meeting/Educational facility, Park office and restroom facilities.</p>
<p>Catawba County HOPE Gardens</p> <p>Christine S. Cofer cchope2012@gmail</p> <p>2345 23rd Ave Dr., NE, Hickory, NC 28601</p> <p>828-312-8298</p> <p>www.hickorysoupkitchen.org/hope-gardens</p>	<p>Catawba County HOPE Gardens - a great opportunity for individuals to become involved within the helping sector of the community. Individuals and groups are welcome to help plant and tend to the gardens that provide food for the Hickory Soup Kitchen!</p> <p>HOPE is a great educational, social and cultural experience for everyone involved.</p>
<p>Riverbend Park</p> <p>Blair Rayfield - Parks Manager (828) 312-4803</p> <p>6700 Hwy 16 N Conover, NC 28613</p> <p>Phone: (828) 256-9157</p> <p>www.catawbacountync.gov/parks</p>	<p>The 450-acre park not only provides a wealth of recreation resources for the County, but also protects the watershed for the Catawba River. The trail system forms a network which travels throughout the entire park allowing visitors to explore natural resources. The park office, with restrooms and ADA accessible amenities, is located at the entrance to the park.</p> <p>Recreation Amenities: *Fishing Canoe/Kayak *Picnic areas/grills *Meeting/Educational facility *Educational programming *Picnic shelter and Wildlife habitat</p>

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	<p>*Dog Park</p> <p>*ADA Accessible observation platform, Hiking/Walking trails (12 miles), and Mountain biking trails (7.8 miles)</p>
<p>Special Olympics-Catawba County</p> <p>Dawn Taylor - Coordinator</p> <p>2224 Claremont RD Newton, NC 28658</p> <p>828-291-7318 (C) 704-325-0298 (H)</p> <p>Email: sonccatawba@gmail.com</p> <p>http://sonc.net/catawba/</p> <p>Individual is qualified for Special Olympics participation if they have been identified by an agency/professional as having an intellectual disability.</p>	<p>Program:</p> <p>*Can start as early as age 2. Competition starts at age 8. *Serves 400 children and adults. *Offers training and competition programs in 8 sports. *Train for a minimum of 8 weeks. 1-2 times per week.</p> <p>Provides:</p> <p>Year-round sports training and athletic competition for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.</p> <p>Additional Benefits:</p> <p>*Receive training in public speaking and become a Global Messenger for Special Olympics *Become a coach for Special Olympics *Receive free health screenings at SONC state-level events *Serve on the planning committee with your local program</p> <p>*Potential to travel out of state.</p>
<p>The YMCA's C.O. Miller Teen Center</p> <p>Heather Garvey</p> <p>701 1ST. STREET NW Hickory, NC 28601</p> <p>(828) 322-9284</p> <p>www.ymcacv.org</p>	<p>One of the most teen-friendly spaces in the entire Catawba Valley.</p> <p>Offers:</p> <ul style="list-style-type: none"> •Technology Lab •Carolyn's Cafe •Ping-Pong, foosball, air hockey, pool tables •Big Screen TV in lounge •Dance/Concert area w/ stage lights •Outdoor patio •Outdoor Basketball court